



Linked in Friendship, Connected in Service  
Channel Islands (CA) Chapter

## NATIONAL POSTER COMPETITION

2015-2016 Student Art contest

Open to all Ventura and Santa Barbara County Elementary School and High School Students

**THEME:**  
Healthy,  
Energetic,  
Lifestyles Matter-  
Make Health a  
Habit~  
Deadline: March 30, 2016

*Eligible media:  
Watercolor,  
charcoals, pencil,  
acrylics, pen, paint,  
fabric collage,  
crayons, mosaic,  
scratched art or  
computer generated  
image (no computer  
Clip Art)*

All images should express wellness and healthy choices of food and activities from a youth's point of view.

Category I Grades 1-3  
Category II Grades 4-6  
Category III Grades 7-9  
Category IV Grades 10-12

Includes Prizes for  
Category Winner

**Size:** Artwork must measure 16 inches from edge to edge mounted on a 12 x 18 piece of white foamboard.

Board must be unmatted and unframed



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or

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